

CURRICULUM VITAE

Patricia A. Robey, Ed.D., L.P.C.

Governors State University
Division of Psychology & Counseling
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EDUCATION

- Ed.D.** - 2009 Northern Illinois University
Degree: Counselor Education & Supervision
Dissertation: Issues Related to Online Learning in Counselor
Education
- M.A.** - 2003 Governors State University
Degree: Counseling
- M.A.** - 1997 Governors State University
Degree: Communication Studies
- B.A.** - 1994 Governors State University
Degree: Psychology
Graduated with highest honors
- A.A.S.** - 1992 Prairie State College
Degree: Mental Health
Graduated Phi Theta Kappa

ACADEMIC EMPLOYMENT

- 2022 – present Professor, Division of Psychology & Counseling
Governors State University, University Park, IL
- 2019 – 2022 Division Chair and Professor
Division of Psychology & Counseling
University Park, IL

- 2017 – 2019 Interim Division Chair and Professor
Division of Psychology & Counseling
University Park, IL
- 2016 - 2017 Professor, Division of Psychology & Counseling
Governors State University, University Park, IL
- 2012 - 2016 Associate Professor, Division of Psychology & Counseling
Governors State University, University Park, IL
- 2009-2012 Assistant Professor, Division of Psychology & Counseling,
Governors State University, University Park, IL
- 2010 - 2017 Program Coordinator, MA in Counseling Program
Governors State University, University Park, IL
- 2004 - 2009 Lecturer, Division of Psychology & Counseling, Governors State
University, University Park, IL
- 2003 Adjunct, Division of Psychology & Counseling, Governors State
University, University Park, IL

ACADEMIC EXPERIENCE

- 2016- present **Full Professor in the Division of Psychology & Counseling, Governors State University**
Activities: teaching, supervision
Master's level courses taught: counseling theories; beginning counseling and human relations skills; group dynamics; independent study in choice theory and reality therapy; individual practicum; vocational practicum
Doctoral level courses taught: Practicum II and Supervision.
- 2012 - 2016 **Associate Professor in the Division of Psychology & Counseling, Governors State University**
Activities: teaching, supervision
Master's level courses taught: counseling theories; beginning counseling and human relations skills; group dynamics; independent study in choice theory and reality therapy; individual practicum; vocational practicum
Doctoral level courses taught: Practicum II and Supervision.
- 2010 to 2017 **Program Coordinator, MA Counseling program, Division of**

Psychology & Counseling, Governors State University

Activities: Facilitate monthly program meetings; develop course schedule; coordinate new student orientation; organize professional development workshops for internship supervisors; facilitate faculty retreat; meet with program advisor and division chair to discuss program issues as needed; curriculum review; CACREP liaison; CACREP accreditation coordinator

2009 to 2012

Assistant Professor in the Division of Psychology & Counseling, Governors State University

Activities: teaching, supervision

Master's level courses taught: counseling theories; beginning counseling and human relations skills; group dynamics; independent study in choice theory and reality therapy; individual practicum; vocational practicum

Doctoral level courses taught: Practicum II and Supervision.

2004 to 2009

University lecturer in the Division of Psychology & Counseling, Governors State University

Activities: teaching, supervision, locating and evaluating internship sites and placements.

Courses taught: counseling theories; family systems theory; professional orientation and ethical standards for counselors; lifestyle and career development; beginning counseling and human relations skills; group dynamics; sex therapy; assessment; lifespan development; individual practicum and career practicum.

Supervisory experience: individual and career practicum classes; marriage and family interns.

2003

Adjunct professor in the Division of Psychology & Counseling, Governors State University.

Activities: teaching, supervision, locating and evaluating internship sites and placements.

Courses taught: counseling theories.

Supervisory experience: Assisted in marriage & family internship supervision

CLINICAL EMPLOYMENT

2003 – 2009 (staff)

Counselor, Oak Lawn Family Services, Oak Lawn, IL2001 – 2003
(intern)

Activities: Individual, couple, child, family, and group counseling, and intern supervision.

LICENSURE AND CERTIFICATIONS

- 2003 - present Licensed Professional Counselor (LPC), Illinois
 2003 - present National Certified Counselor (NCC)
 1992 – present Choice Theory Reality Therapy Certification (CTRTC)
 2009 Certificate in Online Teaching, Governors State University

GRANTS

- 2015 Intellectual Life Committee, \$500.00 award to host presentation for Governors State University students and faculty, titled *Leveraging Diversity in School and in Life* (3 hour workshop to be presented in 2016)
- 2014 Intellectual Life Committee, \$500.00 award to host Wellness Night presentation for Governors State University students and faculty, titled *How to Balance School, Work, and Life*
- 2014 Intellectual Life Committee, \$500.00 award to host Wellness Night presentation for Governors State University students and faculty, titled *The 12 Life Changing Lessons from the Airport*

PUBLICATIONS

Edited Book

Robey, P., Wubbolding, R., & Carlson, J., Eds. (2012). *Contemporary Issues in Couples Counseling: A Choice Theory and Reality Therapy Approach*. New York: Routledge.

Refereed Journal Articles

Lopez, S. & **Robey, P.** (submitted 2022). Utilizing Choice Theory to Empower Parents of Children at Risk for School Failure. *International Journal of Choice Theory and Reality Therapy*,

Provost, K. B. & **Robey, P. A.** (2021). Maintaining Effective Leadership During Times of Environmental Stress. *International Journal of Choice Theory and Reality Therapy*, 41 (1), 24-34.

Robey, P. A. (2021). Finding Mental Freedom within Pandemic Constraints: An Interview with Kim Olver. *International Journal of Choice Theory and Reality Therapy*, 41 (1), 66-74.

Can, A. & **Robey, P.** (2021). Utilizing Reality Therapy and Choice Theory in School Counseling to Promote Student Success and Engagement: A Role Play Demonstration and Discussion. *International Journal of Choice Theory and Reality Therapy*, 40 (2), 37-45.

Robey, P. (2021). Promoting "Scholarship, Research, Professionalism and Excellence in the Mental Health Field." An Interview with **Lauren Joyce**, Chair of the Student Leadership Committee. *International Journal of Choice Theory and Reality Therapy*, 40 (2), 63-65.

- Vujaklija, A., & **Robey, P.** (2020). Locating the Map of Meaningful Work within Choice Theory. *International Journal of Choice Theory and Reality Therapy*, 40 (1), 6-12.
- Robey, P.** (2020). Utilizing Choice Theory as an Administrator in a School System: An Interview with Lois De-Silva-Knapton. *International Journal of Choice Theory and Reality Therapy*, 39 (2), 22-27.
- Robey, P.** (2020) The Journey from External Control to Lead Management and Quality Education: An Interview with Robert G. Hoglund. *International Journal of Choice Theory and Reality Therapy*, 39 (2), 29-38.
- Azmy, S., & **Robey, P.** (2019). Forgiveness as an effective total behavior. *International Journal of Choice Theory and Reality Therapy*, 38 (2), 21 - 27.
- Cervantes, S. N., & **Robey, P. A.** (2018) Aligning Choice Theory Psychology with Cognitive Psychology. *International Journal of Choice Theory and Reality Therapy*, 38 (1), 13-20.
- Pedigo, T., **Robey, P.** & Tuskenis, A. (2018). Realizing health: The path of mindfulness and Choice Theory *International Journal of Choice Theory and Reality Therapy*, 38 (1), 63-75.
- Robey, P. A.**, Wubbolding, R., & Malters, M. (2017). A Comparison of Choice Theory/Reality Therapy to Adlerian Individual Psychology. *Journal of Individual Psychology*, 73(4).
- Pedigo, T., **Robey, P.**, & Christiansen, T. (2016). An integration of mindfulness with Choice Theory and Reality Therapy. *International Journal of Choice Theory and Reality Therapy*, 36(1), 64-72.
- Robey, P. A.** (2016). "Hand-in-hand for Happiness:" An interview with Rose Inza-Kim. *International Journal of Choice Theory and Reality Therapy*, 35(2), 45-48
- Christiansen, T. & **Robey, P. A.** (2015). Promoting systemic change through the integration of professional learning community practices with Glasser Quality Schools. *International Journal of Choice Theory and Reality Therapy*, 35 (1), 7-13.
- Robey, P. A.** (2015) Keeping the Flag of Choice Theory and Reality Therapy Flying: An Interview with Robert Wubbolding. *International Journal of Choice Theory and Reality Therapy*, 34(2), 35-41
- Robey, P. A.** (2015). Working toward a more peaceful world: An interview with Jim Montagnes. *International Journal of Choice Theory and Reality Therapy*, 35(1), 57-62.
- Robey, P. A.** (2014). Living and loving everything choice theory: An interview with Kim Olver. *International Journal of Choice Theory and Reality Therapy*, 33(2), 86-91.

- Robey, P. A.** (2014). Together we can do it! Part two of an interview with Kim Olver. *International Journal of Choice Theory and Reality Therapy*, 34(1), 38-43.
- Cameron, J., & **Robey, P.** (2013). Healing through healing: The horsepower of choice theory. *International Journal of Choice Theory and Reality Therapy*, 32(1), 87-96.
- Henderson, A., **Robey, P.A.**, Dunham, S. M., & Dermer, S. B. (2013). Change, choice, and home: An integration of the work of Glasser and Gottman. *International Journal of Choice Theory and Reality Therapy*, 32(2),36-47. Retrieved from http://www.wglasser.com/images/faculty_rtc/ijctr%20xxx%20no2.pdf
- Robey, P. A.** (2013). "It's all about relationships." An interview with Linda Harshman. *International Journal of Choice Theory and Reality Therapy*, 32(2), 78-84. Retrieved from http://www.wglasser.com/images/faculty_rtc/ijctr%20xxx%20no2.pdf
- Robey, P. A.** (2013). With thanks to Bill Glasser: An interview with Brian Lennon. *International Journal of Choice Theory and Reality Therapy*, 32(1), 125-130.
- Sori, C., & **Robey, P. A.** (2013). Finding reality in the sand: Transitions with children using choice theory, reality therapy, and sandtray. *The International Journal of Choice Theory and Reality Therapy*, 32(1), 63-77.
- Dermer, S., **Robey, P.**, & Dunham, S. (2012). A comparison of reality therapy and choice theory with solution-focused therapy. *International Journal of Choice Theory and Reality Therapy* 31 (2). 14-21. Retrieved from http://www.wglasser.com/images/faculty_rtc/ijctr%20xxx%20no2.pdf
- Robey, P. A.** (2012). "It's your fault, Bill Glasser." *International Journal of Choice Theory and Reality Therapy* 32 (1). 48-56. Retrieved from http://www.wglasser.com/images/faculty_rtc/ijctr%20xxx%20no2.pdf
- Robey, P. A.** (2012). Cognitive behavior therapy as a systemic approach in counseling: An interview with Art Freeman. *The Family Journal*, 20, (3), 327-331. DOI: 10.1177/1066480712449605
- Robey, P.**, & Cosentino, A. (2012). Choice theory and reality therapy in counselor supervision. *International Journal of Choice Theory and Reality Therapy* 31 (2). 31-41. Retrieved from http://www.wglasser.com/images/faculty_rtc/ijctr%20xxx%20no2.pdf
- Wubbolding, R., Brickell, J., Burdenski, T., & **Robey, P.** (2012). Implementing one caring habit: Listening with reality therapy procedures, Part I. *International Journal of Choice Theory and Reality Therapy*, 30 (2), 22-26. Retrieved from http://www.wglasser.com/images/faculty_rtc/ijctr%20xxx%20no2.pdf

- Beebe, J., & **Robey, P. A.** (2011). The prevalence and psychological impact of bullying on adolescents: An application of choice theory and reality therapy. *International Journal of Choice Theory and Reality Therapy*, 30 (2), 33-44. Retrieved from http://www.wglasser.com/images/faculty_rtc/ijctr%20xxx%20no2.pdf
- Carlson, J., & **Robey, P.** (2011). An Integrative Adlerian Approach to Family Counseling. *The Journal of Individual Psychology*, 67 (3), p232-244.
- Robey, P.** (2011). Reality therapy and choice theory: An interview with Robert Wubbolding. *The Family Journal*, 19 (2), 231-237. DOI: 10.1177/1066480710397129
- Robey, P. A.**, Beebe, J. E., Mercherson, A., & Grant, G. (2011). Applications of choice theory and reality therapy with challenging youth. *International Journal of Choice Theory and Reality Therapy*. 31 (1), 84-89.
- Robey, P.**, Britzman, M., Burdenski, T. K., Crowell, J., & Smith Cisse, G. (2011) Systemic applications of choice theory and reality therapy: An interview with Glasser Scholars. *The Family Journal*, 19, (4), 427-433. DOI: 10.1177/1066480711415038
- Robey, P. A.**, Grant, G., Mercherson, A., & Price, P. (2011). Insights gained along the way: Counseling students share their learning journey. *International Journal of Choice Theory and Reality Therapy*, 30 (2), 45-51. Retrieved from http://www.wglasser.com/images/faculty_rtc/ijctr%20xxx%20no2.pdf
- Robey, P.** (2010). To teach the world choice theory: Using 21st century approaches to deliver training. *The International Journal of Choice Theory and Reality Therapy*, 29 (2), 41-49.
- Wubbolding, R., **Robey, P.**, & Brickell, J. (2010). A partial and tentative look to the future with a practical idea. *The International Journal of Choice Theory and Reality Therapy*, 29 (2), 25-34.

Book Chapters

- Robey, P. A.**, & Harris, V.A. (2021). The Coach and the Quarterback in the Therapeutic Relationship. In C. J. Dean & S. E. Stewart-Spencer (Eds.). *Metaphors in Counselor Education and Supervision*. New York: Routledge.
- Hale, J. V., & **Robey, P. A.** (2019) It all begins with relationships: The Glasser Quality School model. In Daniels, K. & Billingsley, K., (Eds.), *Creating caring and supportive educational environments for meaningful learning*. Hershey, PA: IGI Global, 20-35.
- Robey, P.** (2018). Integrating Glasser Quality School concepts into online courses.

- In C. Fitzgerald, S. Laurian-Fitzgerald, & C. Popa, (Eds.). *Handbook of Research on student-centered strategies in online adult learning environments*. Hershey, PA: IGI Global, 16-31.
- Robey, P.** (2017). Choice theory and reality therapy. In J. Carlson & S. Dermer (Eds.) *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling, 1*, Thousand Oaks, CA., 236-239.
- Robey, P.** (2017). Integrating systemic and individual theories. In J. Carlson & S. Dermer (Eds.) *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling, 2*, Thousand Oaks, CA., 862-867.
- Robey, P.** (2017). Therapeutic alliance. In J. Carlson & S. Dermer (Eds.) *The SAGE Encyclopedia of Marriage, Family, and Couples Counseling, 4*, Thousand Oaks, CA., 1688-1693.
- Beebe, J. E., & **Robey, P. A.** (2015). Spirit stones: Reflecting on your inner strengths. In *Group Work Experts Share Their Favorite Activities for Supervision*. Association for Specialists in Group Work
- Beebe, J., & **Robey, P.** (2015). The circle of strength bracelet: Finding inner resources to overcome bullying. In C. Sori & M. Bachenberg (Eds.), *The therapist's notebook for children and adolescents* (2nd. ed.). New York: Haworth Press.
- Carlson, J., **Robey, P.**, & Mason, M. (2015). Alfred Adler and individual psychotherapy. In H. E. A. Tinsley, S. H. Lease and N. S. Giffin Wiersma (Eds.), *Contemporary Theory and Practice of Counseling and Psychotherapy*. Thousand Oaks, CA: Sage.
- Robey, P. A.** & Sori, C. (2015). "Grieving in the Sand:" Integrating Sandtray with Reality Therapy to Help Children Through the Grieving Process. In C. Sori & M. Bachenberg (Eds.), *The therapist's notebook for children and adolescents* (2nd. ed.). New York: Haworth Press
- Robey, P.A.** & McIntosh, M. C. (2012). Relationship recovery after infidelity. In P. A. Robey, R.E. Wubbolding & J. Carlson (Eds.). *Contemporary issues in couples counseling: A choice theory and reality therapy approach*. New York: Routledge.
- Robey, P.A.**, & Wubbolding, R.E. (2012). An interview with Dr. William Glasser and Carleen Glasser. In P. A. Robey, R. E. Wubbolding & J. Carlson, (Eds.) *Contemporary issues in couples counseling: A choice theory and reality therapy approach*. New York: Routledge.
- Robey, P. A.**, Wubbolding, R. E., & Carlson, J. (2012). Commentary from the editors. In P. A. Robey, R. E. Wubbolding & J. Carlson, (Eds.) *Contemporary issues in*

couples counseling: A choice theory and reality therapy approach. New York: Routledge.

White, V., & **Robey, P. A.** (2012) The struggle for identity as a gay couple. In P. A. Robey, R. E. Wubbolding & J. Carlson, (Eds.) *Contemporary issues in couples counseling: A choice theory and reality therapy approach.* New York:Routledge.

Wubbolding, R. E. & **Robey, P. A.** (2012). Introduction to choice theory and reality therapy. In P. A. Robey, R. E. Wubbolding & J. Carlson, (Eds.) *Contemporary issues in couples counseling: A choice theory and reality therapy approach.* New York: Routledge.

Carlson, J., & **Robey, P.** (2011). Case studies in couple therapy: The Adlerian approach. In D. Carson & M. Casado (Eds.), *Case studies in couple Therapy: Theory-based approaches.* New York: Routledge.

Robey, P., & Sori, C. (2011). Compassionate parenting: The antidote to poisonous parenting. In S. Dunham, S. Dermer & J. Carlson (Eds.), *Poisonous parenting: Toxic relationships between parents and their adult children.* New York: Routledge.

Robey, P. (2010). The terrible, awful, unspeakable, secret... And how it changed me. In J. Kottler & J. Carlson (Eds.), *Duped: Lies and deception in psychotherapy.* New York: Routledge.

Robey, P. (2008). Counseling couples with choice theory and reality therapy: The structured first interview. In C. Sori & L. Hecker (Eds.), *The therapist's notebook II: homework, handouts & activities for use in psychotherapy.* . New York: Haworth Press.

Robey, P. (2008). Ready, set, goal! Helping families come to agreement on therapeutic goals. In C. Sori & L. Hecker (Eds.), *The therapist's notebook III: homework, handouts & activities for use in psychotherapy.* New York: Haworth Press.

Snow, K, Crethar, H.C., **Robey, P.** & Carlson, J. (2005). Theories of family therapy (Part I). In R.H. Coombs, (Ed.), *Family therapy review: Preparing for comprehensive and licensing examinations.* Mahwah, NJ. Lawrence Erlbaum Associates, Inc.

Newsletters

Robey, P. & Carlson, J. (2013). In memory of Dr. William Glasser. *The Facilitator*, 6 (3).

Robey, P. (2011). What do you do? Part II. *The Facilitator*, 4 (7).

Robey, P. (2011). A matter of Balance. *The Facilitator*, 4 (5).

Robey, P., & Carlson, J. (2010). Ed.D., Ph.D., or Psy.D. – What's the difference? *The*

Facilitator, 3 (2).

Robey, P., & Dyslin, C. (2010). Choosing your doctoral program. *The Facilitator*, 3 (3).

Robey, P. (2009). Reflections on the doctoral process – Part II. *The Facilitator*, 2 (7).

Robey, P. (2009). Reflections on the doctoral process. *The Facilitator*, 2 (5).

VIDEOS

Robey, P., & Dermer, S. (2015). *Group work: Dealing with problems in a group*. CACREP: Essential skills for counseling practice series. Alexander Street Press: Alexandria, VA.

Robey, P. & Dermer, S. (2015). *Professional orientation/ethics: Ethical dilemmas: Boundary issues*. CACREP: Essential skills for counseling practice series. Alexander Street Press: Alexandria, VA.

Robey, P. (2015). *Counseling theory, models, and techniques*. Alexander Street Press: Alexandria, VA.

Robey, P. (2015). *Theoretical case conceptualization and treatment planning*. Alexander Street Press: Alexandria, VA.

Robey, P. (2015). *Understanding counseling theory*. Alexander Street Press: Alexandria, VA.

Robey, P. (2015). *Demonstration of counseling with choice theory and reality therapy over 5 sessions*. Urquhart Publishing Group: Richmond, VA.

PODCAST

Robey, P. (2022). *Leaders as Self-evaluation Facilitators*. Olverinternational.com
<https://life-choices.captivate.fm/episode/pat-robey>

PRESENTATIONS

International/National

Robey, P., and Ungureanu, U. (accepted 2023). *The Family Aquarium: A Playful Intervention to Assess Family Dynamics*. 2023 World Family Congress, Malaga, Spain.

Robey, P. A. (2022). *Counseling Couples with Choice Theory: Negotiating Differences when Love Languages are in Conflict*. William Glasser International Conference, Tokyo, Japan.

- Ungureanu, I., & **Robey, P.** (2020) . *“Exquisite” empathy: Connecting in the therapeutic relationship when working with trauma.* 2020 World Family Therapy Congress, Basel, Switzerland. www.iftacongress.org (Conference canceled).
- Robey, P. A.**, & Dermer, S. B. (2019). *Developing Resilience through the Integration of Mindfulness Practice in Trauma Counseling.* 60th Annual EB-ACA Conference, Vienna, Austria
- Pedigo, T., & (**Robey, P.** accepted; could not attend) (2019). *Integrating the Buddhist Practice of Mindfulness into the Treatment of Post-Traumatic Stress.* Religion in Society Conference, University of Granada, Granada, Spain
- Dermer, S. B., & **Robey, P. A.** (2018). *Sex Positivity, Sexual Pleasure, and the Five Basic Needs.* William Glasser International Conference, Bogota, Columbia.
- Robey, P.** (2017). *What, Me Worry? Uncovering the personal fears that undermine conversations about diversity... and other difficult topics.* William Glasser Institute – US Conference, Raleigh, NC.
- Robey, P.** (2017). *Facilitating self-evaluation.* William Glasser Institute – US Faculty Day. Raleigh, NC.
- Robey, P.**, & Fain-Morgan, J. (2017) *Validating and expanding the work of Dr. William Glasser.* William Glasser Institute – US Conference, Raleigh, NC.
- Olver, K., & **Robey, P.** (2016). *Secrets of Happy Couples: Time Tested Strategies for Building and Maintaining Successful Relationships.* Clare Ong PsychConsult Pte Ltd, Singapore.
- Robey, P.** (2016). *Assessing couple compatibility with the family values genogram.* William Glasser International Conference, Seoul, South Korea.
- Robey, P., & Fulkerson, M. (2015). *Case Conceptualization and Treatment Planning.* William Glasser Institute US Conference, Las Vegas, NV.
- Fain-Morgan, J., Larsen, K., **Robey, P.**, & Wubbolding, R. (2014). *Publish and Prosper! Research for the Future: How to Help Produce and Conduct Research for the Future.* William Glasser International Conference, Toronto, Canada.
- Parish, T., & **Robey, P.** (2014). *A CT/RT Playbook “Show and Tell.”* William Glasser International Conference, Toronto, Canada.
- Robey, P.** (2014). *Ready, Set, Goal!* William Glasser International Conference, Toronto, Canada.

- Robey, P.** (2013). *Lonely in the crowd: How the intrapersonal experiences of loneliness influences well-being – and what we can do about it.* William Glasser Institute – US Conference, Buffalo, NY.
- Robey, P., & LaFond, B.** (2013). *Creating a supportive research e-book.* William Glasser US Faculty Retreat, Dallas, TX.
- Lennon, B., Gelinas, E. B., Palcic Bubnic, M., Davis, D., Al-Fajem, M., & **Robey, P.** (2012). *Celebrating choice theory.* William Glasser Association International Conference, Los Angeles, CA.
- Roth, B., **Robey, P.**, Wubbolding, R., Buck, N., McIntosh, M., Fain-Morgan, J., & Olver, K. (2012) *Contemporary issues in couples counseling: A choice theory and reality therapy approach.* William Glasser Association International Conference, Los Angeles, CA.
- Robey, P.,** Henderson, A., & Smurzynski, B. (2010). *Playful counseling approaches that access the inner world of clients.* The William Glasser International Conference, Nashville, TN.
- Robey, P.** (2008). *Facilitating training in an online environment.* The William Glasser Institute 2008 International Conference Faculty Retreat, Colorado Springs, CO.
- Robey, P., & Buck, N.** (2007). *Choice theory and reality therapy.* William Glasser Institute, Singapore.
- Robey, P. & Seville Suffield, J.** (2006). *Advanced choice theory and reality therapy.* William Glasser Institute, South Africa.
- Robey, P., & Olver, K.** (2001). *That puzzling chart.* The William Glasser Institute Faculty Retreat, Los Angeles, CA.

Activities prior to 2000 available on request

Regional/State

- Robey, P., & Franklin, P.** (2014). *Increasing awareness through the experiential use of metaphor in supervision.* North Central Association for Counselor Educators and Supervisors (NCACES), St. Louis, MO.
- Robey, P.** (2014). *On the Road Again with “Cars R Us.”* WGI Midwest Region Conference, Indianapolis, IN.
- Robey, P., Michele, R., Lorelle, S., & Mc. Clure, M.** (2014). *A discussion on the chapter Nettles, from the book “Hateship, Friendship, Courtship, Loveship, Marriage” by Alice Munro.* Intellectual Life Committee One Book One University, Governors State University.

- Robey, P.** (2013). *The use of miniatures to explore interpersonal process*. Counselor Networking Event, Northeastern Illinois University.
- Fassl, R., **Robey, P.**, & Grasser, E. (2012). *GPS: What's our destination and how do we get there? Utilizing a needs assessments and goal setting*. Illinois Counseling Association Conference, Springfield, IL.
- Robey, P.**, Zaborac, A., Santefort, L., & Zumstein, C. (2012). *Playful Interventions in Group Counseling*. Illinois Counseling Association Conference, Springfield, IL.
- Henderson, A., Smurzynski, B., & **Robey, P.** (2011). *Choosing a healthy life*. The William Glasser Institute Midwest Region, Schaumburg, IL.
- Parish, T., Wubbolding, R., **Robey, P.** & Morgan, J. (2011). *Tips on how to publish articles and/or present at professional meetings*. The William Glasser Institute Midwest Region, Schaumburg, IL.
- Robey, P.**, Grant, G., Price, P. & Counts, C. (2011). *Fun with Miniatures and WDEP*. The William Glasser Institute Midwest Region, Schaumburg, IL.
- Robey, P.**, & Grant, G. (2011). *Exploring the use of miniatures in the WDEP process of reality therapy*. Illinois Counseling Association Conference, Skokie, IL.
- Zingsheim, J., Armstrong, J., **Robey, P.**, & Yang, J. (2011). *Teaching with technology panel: Mini-cams*. Faculty Summer Institute 2011, Center for Online Teaching and Learning, University Park, IL.
- Robey, P.**, Sori, C., & Watson, D. (2010). *Supervision in the sand: Helping supervisees understand their clients – and themselves – through sandtray work*. North Central Association for Counselor Education and Supervision Conference (NCACES), Itasca, IL.
- Robey, P.**, & Baugh, S. (2010). *Managing difficult and resistant clients*. Genesis Therapy Center, Orland Park, IL.
- Robey, P.**, Boender, J., Henderson, A., & Smurzynski, B. (2009). *Helping couples work together through an optimistic experiential approach*. Annual State Conference of the Illinois Counseling Association, Springfield, IL.
- Robey, P.**, Henderson, A., & Smurzynski, B. (2009). *An experiential approach to building relationships*. William Glasser Institute Midwest Region Fall Conference, Vernon Hills, IL.
- Robey, P.** (2009). *Choice Theory & Reality Therapy*. GSU Chapter Illinois Counseling Association, University Park, IL.

Robey, P., Cordero, A., Kokaska, C., Saeed, M., Slawinski, J., & Watson, D. (2008). *Play therapy from a multicultural perspective*. Annual State Conference of the Illinois Counseling Association, Tinley Park, IL.

Robey, P. (2008). *Playful ways to engage children and families in therapy*. William Glasser Institute Midwest Region Conference, Erlanger, KY.

Robey, P. (2007). *Sandtray therapy*. Northern Illinois University, DeKalb, IL.

Robey, P. (2006). *Understanding the world of children and families through the use of play*. William Glasser Institute Midwest Region Spring Conference, Vernon Hills, IL.

Robey, P. (2003). *Counseling children with Choice Theory: Glasser's "new" reality therapy*. Oak Lawn Family Service, Oak Lawn, IL.

Activities prior to 2000 available on request

GOVERNORS STATE UNIVERSITY

Robey, P. A., Olver, K., & Campbell, H. (2019). *From Victimized to Victorious: Navigating Recovery from Trauma*. Governors State University, University Park, IL.

Pedigo, T., **Robey, P.**, Valgoi, M., Evans, A., & Womack, V. (2019). *Trauma, Mindfulness, and Resilience*. Governors State University, University Park, IL.

SERVICE

University

2019 - 2021	Graduate Council
2017	Excellence Awards Committee
2015	Faculty Mentoring Initiative Committee
2015	Intellectual Life Presentation, One Book One University: <i>Fahrenheit 451: Book summary and discussion</i> .
2015	New Faculty Orientation – Small group discussion on publication
2014	Intellectual Life Presentation, One Book One University: <i>Hateship, Friendship, Courtship, Loveship, Marriage</i>
2014	Wellness Night coordinator and facilitator: How to Balance School, Work, and Life; The 12 Life-changing Lessons from the Airport
2014	“How to communicate with Faculty.” Peer Mentor Training presentation.
2014	Committee on Student Engagement in the Civil Rights Act Commemoration
2012, 2013	Sanction and Termination Committee
2012	Search Committee: Executive Director of Continuing Education
2011,	Student Scholarship Reviewer

- 2013
2012- Present
2011
- Honorary Degree Committee
- Search Committee: COTL faculty
- 2010 to 2013
- Educational Policies Committee. Member-at-large. The Educational Policies Committee (EPC) of the Faculty Senate serves as “a clearinghouse for University educational policy originating from the administration or faculty” (see Faculty Senate Bylaws). The Committee also reviews, for consistency, existing University and collegial educational policies, and recommends new policies designed to serve the needs of the University.
- 2010, 2011
- Meeting of the Minds group (founding member). This group of GSU faculty was formed to further creativity and dialogue on issues related to faculty and university growth and development.
- 2009 – present
- Intellectual Life Committee. The mission of the Intellectual Life Committee is to expand the intellectual opportunities available to the GSU community; to contribute to the enhancement of intellectual pursuits; and to increase the growth of and participation in intellectual endeavors.
- 2009
- GSU Volunteer Team (V-team). Provide service to the university when needed during events. Served as greeter at the 40th anniversary celebration.

College of Education

- 2014
2013
2011 - 2013
- College Personnel Committee
- Tuition Waiver Reviewer
- COE Scholarship Committee
- 2010
- Technology Action Group (TAG): serve in an advisory capacity to the Dean on topics related to instructional and operational technology within the college

Division of Psychology & Counseling

- 2017
2017
2014-2015
2014-2015
2014
2011- present
2011
- Division Criteria Committee
- Search Committee: MA and Ed.D. faculty
- Search Committee: School counseling Faculty
- Panelist on APA videos
- Guest Lecturer, COUN 6630 (Snow) and COUN 8842 (Waller)
- Counselor Education & Supervision Doctoral Program Committee
- Counseling Peer Mentoring Program Faculty Advisor

2013-2014; 2022 – present	Division Personnel Committee
2012, 2013	Division Criteria Review Committee
2012, 2013	Division Curriculum Committee
2012	Search Committee: School counseling faculty
2011	Search Committee: School counseling faculty
2011	Search Committee Co-chair: MA/Ed.D. program faculty
2010	Search Committee: School counseling faculty
2009/ 2010	Mentored colleagues in creating syllabi and setting up webct courses.
2009	Assisted Marriage & Family Track faculty with candidate interviews
2009	COUN 859:client consultation
2009	COUN 859: Client consultation, supervision, created training video
2009	COUN 859: Supervision and facilitation of reflecting team
2009/ 2009	Contributed articles to Division of Psychology & Counseling newsletter Autism Seminar. Assisted participants with CEUs.
2009	Trinity Christian College Visit. Attended and greeted participants; answered questions about Counseling program.
2009	School Counseling Common Hour. Met with guest presenters, attended presentation, delivered closing remarks.

PROFESSIONAL SERVICE

Editorial Board

2014 to present *International Journal of Choice Theory and Reality Therapy*

Guest Lead Editor Special Historical Issue of the *International Journal of Choice Theory and Reality Therapy*
Spring 2017

Guest Lead Editor Special “Future” Edition of the *International Journal of Choice Theory and Reality Therapy*
Fall 2017

Textbook Reviews

Gehart, D. (2011) *Mastering Treatment Planning Competencies*. Belmont, CA: Brooks/Cole.

Henderson, C. & Thompson, D. (2009). *Counseling children: A developmental approach* (8th. ed). Belmont, CA: Cengage Learning.

Hess, R., Magnuson, S., & Beeler, L. (2009). *Counseling children and adolescents in the schools*. Thousand Oaks, CA: Sage.

Ellsworth, L. (2006). *Choosing to heal: Using reality therapy in the treatment of sexually abused children*. New York: Taylor & Francis.

Textbook Proposal Review

Shapiro, J. L. (proposed 2013). *Systematizing Intuition: Pragmatic Existential Counseling and Psychotherapy*. Thousand Oaks, CA: Sage.

Journal Article Reviews

Blind Review (2011). The goal of reunification: An Adlerian approach to working for therapeutic change within the foster care system. *The Family Journal*.

Blind review (2011). Building integration and belonging between adolescents and their foster parents through filial therapy. *The Family Journal*.

Blind review (2010). Classrooms without walls. *Journal of Humanistic Counseling, Education, and Development (JHCEAD)*.

Mohamadi, S., & Sahebi, Ph.D.,(2014). Construction of an English version of the Quality of Marital Relationships (QMR) Scale based on the Glasser's 'Seven Deadly Habits.'" *International Journal of Choice Theory and Reality Therapy*.

Journal Review

The ICA Journal Special Issue (2006). *Toward a Life Work: Courage, Creativity, and Collaboration*.

Tenure Portfolio Review

M. Graham, Seattle University. September, 2013.

COMMUNITY SERVICE

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|------------|--|
| 2015 | Mental Health and Happiness Summit Interviewer: Barnes Boffey, Debbie Joffe Ellis, and Robert Wubbolding |
| 2014 | Mental Health and Happiness Summit: Invited interviewee |
| 2006 | Blackwell History of Education Museum. Contribution of an essay on the history of the Keystone Postcard Projector. |
| 1990 -2014 | Training team, Aunt Martha's Youth Services, Inc. Deliver training in choice theory and reality therapy to Aunt Martha's staff and volunteers; co-evaluator for participants in Aunt Martha's in-house certification in reality therapy |

Activities prior to 2000 available on request

Honors and Recognition

- 2022 Finalist: Governors State University Distinguished Alumni Award
 2021 Finalist: Governors State University Distinguished Alumni Award
 2015 Tribute Letters. *International Journal of Choice Theory and Reality Therapy*, 35(1), 7-13, 63-39.
 2012 Counseling Program Teacher of the Year, Governors State University
 2011 Faculty Excellence Award Nomination, Governors State University
 2009 Faculty Excellence Award, Governors State University
 2008 Faculty Excellence Award, Governors State University
 2006 Kappa Delta Pi
 2001 Chi Sigma Iota
 1996 Aunt Martha's Youth Services, Inc., Ten Year Volunteer Award
 1992 Phi Theta Kappa

TRAINING AND CONSULTING**The William Glasser Institute - US (WGI)/ William Glasser International**

- 1992 to present **Instructor, Senior faculty**
 Activities: instruction in William Glasser's concepts of Choice Theory, Reality Therapy, Lead Management and Quality School Concepts. Focus of training is to help participants replace external control behavior with behavior that creates a non-coercive environment, thus improving personal, professional and systemic relationships and outcomes. Instruction delivered to individuals and groups in the fields of social service, counseling, corrections, schools, medicine, management, parent education, and other professional areas, as well as to individuals interested in personal growth. Training at levels from introduction to senior faculty endorsement.
- 2008 to present **Instructor, Glasser Scholars Program**
 Activities: instruction and supervision for a group of 20 counselor educators. Focus on application of Glasser's ideas in teaching, counseling and research.

Consulting

- 1992 to present Provide instruction, supervision and/or training designed to meet the specific needs and goals of the institution requesting services, e.g. using reality therapy to deal with youth at risk, applying choice theory to changing classroom practices, using lead management practices to manage disruptive students.
 Agencies: Aunt Martha's Youth Services, Inc, IL.; Benet Academy,

IL; Coloma School District, MI; Consolidated High School District 230, IL; Vernon Hills School District, IL; Genesse Intermediate School District, MI; Hyde Park Academy, IL; Mercy Home for Boys, IL; Rockford Public Schools, IL; Seventh Day Adventists, CA

PROFESSIONAL ADMINISTRATION AND LEADERSHIP

- 2010 - 2011 **Planning Committee & Co-chair: The William Glasser Institute Midwest Region 2011 Conference, Schaumburg, IL**
 Activities: conference pre-planning, site selection, lodging, advertising, coordination of activities, meals, organizing volunteers and creating support materials.
- 2003 – 2004 **Co-chair, The William Glasser Institute 2004 International Conference, Chicago, IL**
 Activities: conference pre-planning, site selection, lodging, advertising, coordination of activities, meals, organizing volunteers and creating support materials.
- 2003 - 2004 **Program Chair, The William Glasser Institute 2004 International Conference, Chicago, IL**
 Activities: Initiated call for presentation proposals, screened proposals, coordinated room assignments, organized technology requirements, provided continuing education credits, collected presenter and conference feedback, organized volunteers.
- 2000 to 2003 **Member, The William Glasser Institute Professional Development Committee**
 Activities: Worked with Director of Training to develop, monitor, supervise and evaluate training programs.
- 2000 to 2002 **Board Chair, The William Glasser Institute Advisory Board of Directors**
 Activities: presided over board meetings, initiated discussion on agenda topics and business, and facilitated communication among members. When not in session, acted as liaison between members and executive director.
- 1997 to 2003 **Midwest Region Director, The William Glasser Institute Advisory Board of Directors**
 Activities: organizing Region conferences twice each year; representing MW region membership at WGI board meetings; organizing and facilitating instructor training and intensive weeks; managing region finances; managing region library; publishing region newsletter twice each year; assisted in the development of region website.

Activities prior to 2000 available on request

PROFESSIONAL MEMBERSHIPS

American Counseling Association
Illinois Counseling Association
Association of Counselor Educators and Supervisors
North Central Association of Counselor Educators and Supervisors
Illinois Counselor Educators and Supervisors
National Board for Certified Counselors
Glasser Institute for Choice Theory, US
William Glasser International

PROFESSIONAL INTERESTS

Online training and teaching
Online training design
Instructional Design
Stress Management
Youth Issues
School Reform
Organizational Change
Play Therapy

SPECIALIZED TRAINING

- 2022 **Trauma & Addiction Dual Certification Course: Strategies from CBT, CPT, EMDR, PE, Somatic & Psychodynamic Therapy**, PESI Online Training (in progress)
- 2021 **Academy of Choice Coaching Program** (leading to Board Certified Coach Credential), Kim Olver, MA, LCPC, BCC, Olverinternational.com
- 2019 **Mindfulness Based Cognitive Therapy**, Richard W.Sears, Psy.D., Ph.D., MBA, ABPP, Director, Center for Clinical Mindfulness, PESI training
- 2009 **Coping with Work and Family Stress: A Workplace Preventive Intervention** - 14 week group workshop, Oak Lawn Family Services/Genesis Therapy Center Group Facilitator Certificate

- 2009 **Strengthening Families Program** – 12 week group workshop, Oak Lawn Family Services/Genesis Therapy Center
Group Facilitator Certificate
- 2007 - 2008 **Certificate in Online Teaching**, Governors State University: A four trimester program focusing on developing design and implementation skills necessary for effective online course development and instruction
- 2006 **Sand Tray Therapy**: A four-day workshop in utilizing sand tray techniques in counseling. Workshop leader Eliana Gil, Multicultural Family Institute, NJ
- 2006 **Library of Congress Adventure of the American Mind** project (now known as Teaching with Primary Sources), Governors State University. Project title: “ The Development of Psychoanalytic Theory in Historical and Cultural Context.” Accessible at <http://aam.govst.edu/projects/probey/>
- 1997 **Negotiation Skills for Youth**: training in how to effectively communicate with youth with the goal of a win-win outcome, Aunt Martha’s Youth Services, Inc.
- 1990 **Mediation Skills**: a week-long training in which the concepts and application of mediation skills were learned and practiced. Aunt Martha’s Youth Services, Inc.
- 1987 **Suicide Prevention**: training in how to recognize signs of suicidal ideation and how to work with suicidal individuals. Aunt Martha’s Youth Services, Inc.
- 1997 **Internship project: Diversity in the Workplace**. Met with director of training, researched topic and created preliminary outline of diversity training. Aunt Martha’s Youth Services, Inc.
- 1993 **Stress Management**, Governors State University
- 1991 **Thornton Terrace, Chicago Heights, IL**. Facilitated individual and group counseling, and organized and conducted activities for mentally ill individuals in a residential facility, Prairie State College/Thornton Terrace